



Lessons From The Lake | Week 4

Sermon Discussion Questions 7/15: Lessons from the Lake- On the Water

Last Week

Last week we talked about the importance of healing and how Jesus can be a source of healing. Has anyone taken any steps towards, or experienced, some healing this past week? Would you be willing to share?

Opener

Have you ever experienced a moment of intense and clear focus? (I.E. while driving, playing a sport, having a difficult conversation, etc.) What was it like?

Questions

How important is focus?

Do you find it difficult to focus?

Follow up- What things make it difficult for you to focus?

Why do those things distract you?

What are some things you find yourself focusing on?

Follow Up- Do the things you focus on tend to make your more anxious, or more "at peace"?

Follow Up- Have someone read Philippians 4:4-9. What does this passage tell us about what we should be focusing on?

What will that focus lead to?

Have someone read Matthew 14:22-26. Now imagine yourself in the place of the disciples. You're exhausted from sailing against the wind, it's the middle of the night, a storm is raging, and a mysterious figure appears on the horizon. How would you be feeling? What would you think is happening?

Follow Up- In the midst of that chaos Jesus speaks out “But Jesus spoke to them at once. “Don’t be afraid,” he said. “Take courage. I am here!” (v.27) What would your reaction be?

Follow Up- Have you ever been in a situation where you felt overwhelmed and then Jesus showed up?

Follow Up- Have someone read verses 28-29. How do things change once Jesus enters the picture? (In both the story and your real life?)

Follow Up- Have you ever experienced a situation where you were able to do something way bigger than yourself because you were focused in on Jesus?

Follow Up- Have someone read verses 30-33. What happens when we take our eyes off Jesus?

Follow Up- What does Jesus do when we take our eyes off him?

Next Steps

What “storms” or “uncharted waters” in your life is Jesus calling you out into? What are some practical things you can do so you can fix your eyes on Jesus and “step out of the boat”?