



VALLEY REAL LIFE

YIELD – Submit to God | Week 1

Last Week

After the last sermon series, did you think about a movie that helped you understand something spiritually?

Opener

Have you ever said or thought as an adult, “Don’t tell me what to do,” (or something similar) before engaging in thought or conversation to understand why you were receiving direction from someone? Looking back, where do you feel that comment came from within you? Was it from Anger, Fear, Trust, Pride, or other?

Questions

Why do you think allowing ourselves to surrender or submit is difficult?

Do you think surrendering to God helps us be more free in our lives? What would that look like?

Why do you think God wants us to surrender to His will? Why then do we struggle with it?

Knowing it is the work with the Holy Spirit that helps us submit to the Father’s will, what actions can we take in our spiritual growth to help us? What do you think about when you realize our flesh fights against the spirit and a by-product is our lack of submission?

Apply SOAP (Scripture, Observation, Application, Prayer) to:

Matthew 6:24 (NIV)

No one can serve two masters. Either you will hate one and love the other, or you will be devoted to the one and despise the other...

- *Read the verses out loud together*
- *Share your observations*
- *Discuss Application*
- *Close in Prayer*

Next Steps:

What part or area of your life do you need to surrender in prayer to God?