



### **A Week in Review**

As part of God's family, we need to have and be people who can be counted on for help.

### **Group Opener**

What qualities do you look for in a friend?

### **Study Questions**

How has the coronavirus pandemic helped or hindered your relationships?

Give some examples of relational challenges you've navigated with family, friends, coworkers, etc.

Read Matthew 27:45-46. What strikes you about these verses and why?

In what ways do these verses inform us about Jesus' humanity?

Share a time when you have been abandoned, forgotten, or forsaken?

Psalm 22 is known as a Messianic psalm. Read the psalm and note verses and phrases that you would associate with Christ and the cross.

David is very transparent as to his feelings toward the Lord. Like David, what question(s) would you ask the Lord right now?

Where are you feeling like God is absent, distant or indifferent in your life at the moment? How are you dealing with these feelings?

What do you know to be true about God even when you're not feeling it or experiencing it?

What part does your relational past with God impact your faith in Him for your future?

How could you grow in your faith in the coming week? Share this with someone and ask them to follow-up with you on it next week.

Name one truth you are going to commit to memory in order to better face the Lord's faith tests.